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**Making Winners Out of Nobodies**

1. What was Karch Kiraly’s formula to success?

2. What technique in volleyball is totally under your control?

3. What did the USA team have to do in order to gain more televised time by the media?

4. What tactics can be used to believe in yourself to improve your level of success?

5. What advice did Karch give on planning to achieve a goal?

6. What type of volleyball training was involved to make a strong commitment to the team?

7. Why would a coach choose a player who responds best after failure?

8. How did using visualization training help Karch?

9. Why is Karch Krialy named the best player in the sport?

10. What did you learn from this article that is applicable to real life?